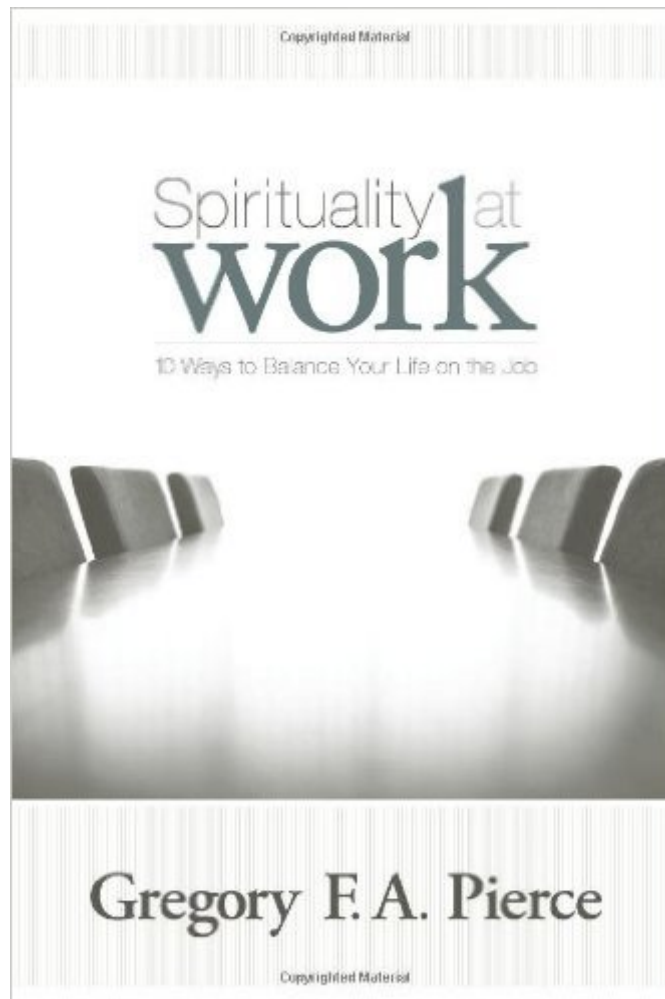


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# Spirituality At Work: 10 Ways To Balance Your Life On The Job



## Synopsis

Gregory F. A. Pierce makes a striking claim: The holy and the transcendent can be found in the midst of the hustle and bustle of daily work. Rather than being a grind, our work can be a grist for our spiritual mills. Indeed, the work we do has enormous spiritual significance. Spirituality at Work offers invaluable guidance for everyone who seeks to nourish their spiritual lives while on the job. Pierce's ten disciplines of workplace spirituality include:

- finding sacred objects
- living with imperfection
- assuring quality
- giving thanks and congratulations
- building support and community
- dealing with others as you would have them deal with you
- deciding what is enough and sticking to it
- balancing work, personal, family, church, and community responsibilities
- working to make the system work
- engaging in ongoing personal and professional development

## Book Information

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## Customer Reviews

My ongoing professional development involves a commitment to read books that have nothing to do with my profession. I chose this book for two reasons: It is the textual basis for a faith-sharing program in which I am involved at my church. I also thought its subject was far a-field from my job as a preceptor/facilitator. It appears I was mistaken on the second reason. Gregory Pierce is in the publishing business, he's a husband and father, and he's active in his church and civic communities. The subtitle, "10 ways to balance your life on the job" is really what the book is all about. As he puts it, "It is pretty clear that God is present on our workplaces. Yet the workplace is a

difficult place to 'be spiritual.' It is noisy, crowded, complex, competitive, materialistic, tiring, frustrating, dangerous, busy, [and] secular. To find God there, we have [to work hard at it], and most of our traditional spiritual disciplines are not well designed to help us do that."This is the belief that forms his thesis and Pierce's life experiences provided the motivation for his writing. The writing is crisp and clear, and, unlike similar spiritual books, is not aimed at changing one's belief systems about God, but it's rather a 'how-to' book on achieving a higher level of spirituality in the workplace. Pierce establishes some common language for us about work, defines spirituality, and he adds some ground rules about how he wants us to focus on what he refers to as spirituality disciplines. He presents ten disciplines, or practices, for spiritual improvement and invites our examination in the context of what we do with each area daily. This book revealed more about leadership than I first imagined.

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